

Magical Slippers

By Kathy Jo Pollack, MA BCC PCC

December 3, 2018

First let me say that I believe. My heart and mind are always open, but yet at times life gets in the way. Unfortunately, I was allowing that to happen, and my spirit of the season was waning. This is what brings me to the story of my magical slippers.

I started out on a very busy day, chocked full of work duties and personal errands. The weather had the prospect of being bad with freezing rain, so I got up super-early so as not to be late. My meeting was across town and went well. I quickly moved on to the next thing on my list. Plowing through and checking off. Then, I looked down at my boots and they looked terribly worn. I felt a bit ashamed that I had worn them to my meeting. I thought I must go to the shoemaker. Then I heard myself saying that I had no time and I must keep forging through the plans for the day or I would get behind. As I was driving, I realized Tony, my dear shoemaker, was on my way home! I could drop-off the boots on my way home and save time! But then what would I put on my feet? I had no other shoes with me. Then I heard my husband recently asking me "Why do you have slippers in the car?" "Yes" I said out loud!!! I have my old comfy slippers in the car for when my feet are tired. I yanked them out from under the passenger seat. Amazing I thought! They are black just like my outfit and the rhinestones are perfect for the holiday season. I took off my boots, put on the slippers, and trudged trying to dodge the mud into Tony's, with my boots in hand. I said, "Oh Tony my boots are awful, and I am in my slippers." He smiled, gave me a warm hug, and took my worn boots. He said, "I'll see you next week!"

With a new lightness in my step, I jumped back in my car and thought, wow, I am doing this in my slippers. I looked down at the rhinestones and they seemed to twinkle up at me.

My next stop was the UPS store, in my slippers. I parked and walked confidently into the store where there were three women, two working and a customer. A man abruptly jumped

in front of me with his huge box of packages. I stood amazingly calm, in my slippers. When he left, the clerk apologized. I said "Thank you but you could not have helped that." "It was not a big deal." Then I said, "I have to admit I feel a little funny standing here in my slippers." They all looked at my feet and smiled. I explained about my boots and my beloved shoemaker. Soon we were all laughing and chatting! I selected Christmas stamps, talked about the holidays, and gave them directions to Tony's. Soon everyone was buzzing about going to Tony's.

At that moment I realized it did not matter what was on my feet. People mattered! What was most important was the people in my life and how I chose to express myself and react. With a smile on my face and my magical slippers sparkling on my feet, I left the store for my next stop. My parents' apartment complex. I did not care who noticed my slippers or wondered what I was doing in slippers because I was there to visit my parents.

When I finally returned home, my heart was merry and I was singing Christmas carols. I started doing an abundance of things around the house. When evening approached, I realized that I still had the slippers on. Then it hit me. I had found the true meaning of the holiday season and of life. Honestly, I hope you understand that this is not about my busy day; we all have busy days. Don't allow life's struggles to get in the way of what is truly important.



For more articles, tips, and resources, visit the author, Life Coach Kathy Jo, at www.kathyjopollack.com.

Copyright © 2018 Kathy Jo Pollack